



# IPTPA Skill Assessment

# 4.5 Players

## 4.5 Skill level should also possess all 4.0 skills

---

- Consistently punches volley to the appropriate spot on the court
- Consistently demonstrates a block volley
- Can demonstrate a swing volley
- Sustains a controlled volley exchange at the net, with directional control, creating unforced errors
- Able to consistently hit winning volley when a ball is popped up
- Can consistently hit 3rd shot drop from baseline during match play
- Can drive a third shot for power as an option
- Initiates & maintains an extended dink exchange to elicit a put-away shot
- Can demonstrate an effective poach, and understands when it's appropriate
- Able to change a fast paced strategy to a slow one and vice versa
- Can stack with partner on the serve and the return
- Demonstrates control on forehand groundstrokes (direction, depth, height, top spin and under spin/slice)
- Demonstrates control on backhand groundstrokes (direction, depth, height, top spin and under spin/slice)
- Keeps ball in play during rallies and is aware of minimizing errors
- Knows the rules including player position, relative to scoring and stacking on the return and serve
- Uses offensive lobs effectively
- Demonstrates placement, spin and depth on return of serves
- Can adjust to different ball speeds and spins (serves, groundstrokes and volleys)
- Uses spin effectively on a variety of shots

### Skill Testing Requirement: *Dinks*

---

- 18 out of 20 windshield wiper dinks

### Skill Testing Requirement: *3rd shot drop from baseline*

---

- Forehand down the line 4/5
- Forehand cross court 4/5
- Backhand down the line 4/5
- Backhand cross court 4/5

### Skill Testing Requirement: *3rd shot drive from baseline*

---

- 3rd shot drive from baseline 4/5

**Skill Testing Requirement: *Volleys***

---

- Forehand swing volley 4/5
- Backhand swing volley 4/5
- Forehand punch volley with directional control 4/5
- Backhand punch volley with directional control 4/5
- Forehand block volley 4/5
- Backhand block volley 4/5

**15 minutes of modified play consisting of 3rd shot drop game from the baseline. CRS feeds the ball to start each point. Rotate partners at the conclusion of each game to 4.**

**30 minutes of regular match play for evaluation. Rotate partners at conclusion of each game to 8.**